

## 2022 Consumer Directed Healthcare (CDH) Preventive Medications - Standard Plus

This list provides examples of commonly prescribed preventive medications. It is not an all-inclusive list; however, many examples of the medications are listed in each category.

This list does not indicate coverage. Please check with your plan administrator and/or benefit information materials if you have questions on coverage. Your cost share will be determined by your plan's drug coverage and formulary plan.

Coverage prior to the deductible being met may not be provided for every dosage form of a listed medication.

Please note: When feasible, brand names are shown in capitals in each category. If generic is available, it is listed in lowercase next to the brand name. If only generics are available (for example, brands are no longer available), they will only be listed in lowercase.

### ASTHMA/COPD

ACCOLATE (zafirlukast)  
ADVAIR DISKUS (wixela inhub)  
ADVAIR HFA  
AIRDUO DIGIHALER  
albuterol HFA  
albuterol nebulizer solution  
albuterol oral  
ALVESCO  
ANORO ELLIPTA  
ARNUITY ELLIPTA  
ASMANEX HFA  
ASMANEX TWISTHALER  
ATROVENT HFA  
BEVESPI AEROSPHERE  
BREO ELLIPTA  
BREZTRI AEROSPHERE  
BROVANA (arformoterol)  
budesonide oral inhalation  
COMBIVENT RESPIMAT  
cromolyn nebulizer  
solution  
DULERA  
FASENRA  
FLOVENT DISKUS  
FLOVENT HFA  
INCRUSE ELLIPTA

### ASTHMA/COPD (continued)

Inhaler and nebulizer  
assistive devices  
ipratropium/albuterol nebulizer  
solution  
ipratropium nebulizer solution  
levabuterol nebulizer solution  
LONHALA MAGNAIR  
metaproterenol  
montelukast  
NUCALA  
Peak flow meters  
PERFOROMIST (formoterol)  
PROAIR DIGIHALER  
QVAR REDIHALER  
SEREVENT DISKUS  
Spirometers  
SPIRIVA HANDIHALER  
SPIRIVA RESPIMAT  
STIOLTO RESPIMAT  
SYMBICORT  
terbutaline oral  
THEO-24  
theophylline  
TRELEGY ELLIPTA

### ASTHMA/COPD (continued)

XOLAIR  
XOPENEX nebulizer solution  
YUPELRI  
ZYFLO CR (zileuton ER)

### BONE DISEASE AND FRACTURES

ACTONEL (risedronate)  
ATELVIA (risedronate)  
ATELVIA DR (risedronate DR)  
BINOSTO  
BONIVA (ibandronate)  
DUAVEE  
EVISTA (raloxifene)  
FOSAMAX (alendronate)  
FOSAMAX D  
RECLAST (zoledronic acid)

### CAVITIES

CLINPRO  
GEL-KAM  
periomed  
PHOS-FLUR  
PREVIDENT  
sodium fluoride rinse, gel, cream,  
paste, tabs and drops

# 2022 CDH Preventive Medications - Standard Plus

## COLONOSCOPY PREPARATION\*

---

CLENPIQ  
gavilyte-c  
GOLYTELY (polyethylene glycol,  
gavilyte-g)  
NULYTELY (polyethylene glycol,  
gavilyte-n, trilyte)  
PLENVU  
SUPREP

## DEPRESSION

---

citalopram  
escitalopram  
fluoxetine  
fluoxetine DR  
fluvoxamine  
fluvoxamine ER  
PAXIL (paroxetine)  
PAXIL CR (paroxetine ER)  
PEXEVA  
SARAFEM (fluoxetine)  
sertraline

## DIABETES

---

### INSULINS

---

AFREZZA  
BASAGLAR  
HUMALOG  
HUMULIN  
LANTUS  
LANTUS SOLOSTAR  
LEVEMIR  
LEVEMIR FLEXTOUCH  
LYUMJEV  
SEMGLEE  
TOUJEO MAX SOLOSTAR  
TOUJEO SOLOSTAR  
TRESIBA  
TRESIBA FLEXTOUCH

### INSULIN/GLP-1 RECEPTOR AGONIST COMBINATIONS

---

SOLIQUA  
XULTOPHY

## NON-INSULINS

---

ACTOS (pioglitazone)  
ACTOPLUS MET  
(pioglitazone/metformin)  
AMARYL (glimepiride)  
AVANDIA  
BYETTA  
BYDUREON  
CYCLOSET  
DUETACT  
(pioglitazone/glimepiride)  
FARXIGA  
FORTAMET ER (metformin ER)  
glipizide/metformin  
Glucometers  
GLUCOTROL (glipizide)  
GLUCOTROL XL (glipizide ER)  
glyburide  
glyburide/metformin  
GLYNASE (glyburide micronized)  
GLYXAMBI  
JANUVIA  
JANUMET  
JANUMET XR  
JARDIANCE  
Lancets  
metformin  
miglitol  
Misc. diabetic supplies  
(e.g. control solution,  
sensors, transmitters)  
Needles  
OSENI  
OZEMPIC  
PRANDIN (repaglinide)  
PRECOSE (acarbose)  
repaglinide/metformin  
RIOMET (metformin solution)  
RIOMET ER suspension  
RYBELSUS  
SEGLUROMET  
STARLIX (nateglinide)  
STEGLATRO  
STEGLUJAN  
SYMLINPEN  
SYNJARDY  
SYNJARDY XR

## NON-INSULINS (continued)

---

Syringes  
Test strips  
TRIJARDY XR  
TRULICITY  
XIGDUO XR

## HEART DISEASE AND STROKE

---

### BLOOD THINNERS

---

aspirin, 81 mg & 325 mg\*  
aspirin/dipyridamole ER  
BEVYXXA  
BRILINTA  
clopidogrel  
COUMADIN (warfarin)  
dipyridamole  
DURLAZA ER  
EFFIENT (prasugrel)  
ELIQUIS  
XARELTO  
ZONTIVITY

### CHOLESTEROL LOWERING

---

#### HMG-COA REDUCTASE INHIBITORS\*

---

atorvastatin  
EZALLOR  
FLOLIPID suspension  
fluvastatin  
LESCOL XL (fluvastatin ER)  
LIVALO  
lovastatin  
pravastatin  
rosuvastatin  
simvastatin  
ZYPITAMAG

#### OTHER CHOLESTEROL LOWERING AGENTS

---

ANTARA  
CADUET (amlodipine/atorvastatin)  
colesevelam  
COLESTID (colestipol)  
ezetimibe  
ezetimibe/simvastatin  
FENOGLIDE (fenofibrate)  
FIBRICOR (fenofibric acid)  
LIPOFEN  
LOPID (gemfibrozil)  
NIASPAN (niacin)  
QUESTRAN (cholestyramine)

# 2022 CDH Preventive Medications - Standard Plus

## OTHER CHOLESTEROL LOWERING AGENTS (continued)

QUESTRAN LIGHT  
(cholestyramine light, prevalite)  
REPATHA  
ROSZET  
TRILIPIX (fenofibric acid DR)  
VASCEPA (icosapent ethyl)

## HIGH BLOOD PRESSURE (HBP)

### ACE INHIBITORS

ACCUPRIL (quinapril)  
ALTACE (ramipril)  
captopril  
fosinopril  
LOTENSIN (benazepril)  
moexipril  
perindopril  
PRINIVIL (lisinopril)  
trandolapril  
VASOTEC (enalapril)  
ZESTRIL (lisinopril)

### ACE INHIBITORS/DIURETIC COMBINATIONS

ACCURETIC (quinapril/HCTZ)  
captopril/HCTZ  
fosinopril/HCTZ  
LOTENSIN HCT  
(benazepril/HCTZ)  
moexipril/HCTZ  
VASERETIC (enalapril/HCTZ)  
ZESTORETIC (lisinopril/HCTZ)

### ANGIOTENSIN II RECEPTOR ANTAGONISTS

candesartan  
EDARBI  
eprosartan  
irbesartan  
losartan  
olmesartan  
telmisartan  
valsartan

### ANGIOTENSIN II RECEPTOR ANTAGONISTS/DIURETIC COMBINATIONS

candesartan/HCTZ  
EDARBYCLOR  
irbesartan/HCTZ  
losartan/HCTZ  
olmesartan/HCTZ  
telmisartan/HCTZ  
valsartan/HCTZ

### BETA BLOCKERS

acebutolol  
betaxolol  
bisoprolol  
BYSTOLIC  
CORGARD (nadolol)  
LOPRESSOR  
(metoprolol tartrate)  
metoprolol succinate ER  
pindolol  
propranolol  
propranolol ER  
TENORMIN (atenolol)  
timolol

### BETA BLOCKER/DIURETIC COMBINATIONS

LOPRESSOR HCT  
(metoprolol/HCTZ)  
nadolol/bendroflumethiazide  
propranolol/HCTZ  
TENORETIC  
(atenolol/chlorthalidone)  
ZIAC (bisoprolol/HCTZ)

### CALCIUM CHANNEL BLOCKERS

amlodipine  
CALAN SR (verapamil SR)  
CARDIZEM (diltiazem)  
CARDIZEM CD (cartia XT, diltiazem CD)  
CARDIZEM LA (diltiazem ER, matzim LA)  
CONJUPRI  
felodipine ER  
isradipine  
KATERZIA suspension  
nicardipine

### CALCIUM CHANNEL BLOCKERS (continued)

nifedipine  
PROCARDIA XL (nifedipine ER)  
SULAR ER (nisoldipine ER)  
TIAZAC ER (diltiazem ER, tiadylt ER, taztia XT)  
verapamil  
VERELAN (verapamil ER)  
VERELAN ER PM (verapamil ER PM)

### DIURETICS

chlorothiazide  
chlorthalidone  
DIURIL suspension  
hydrochlorothiazide  
indapamide  
metolazone

### OTHER HBP & COMBINATIONS

amlodipine/benazepril  
amlodipine/olmesartan  
amlodipine/olmesartan/HCTZ  
amlodipine/valsartan  
amlodipine/valsartan/HCTZ  
Blood pressure monitors  
BYVALSON  
CADUET (amlodipine/atorvastatin)  
PRESTALIA  
TARKA (trandolapril/verapamil)  
TWYNSTA (amlodipine/telmisartan)

### MALARIA

ARAKODA  
chloroquine  
mefloquine  
MALARONE (atovaquone/proguanil)  
primaquine

### MIGRAINE PREVENTION

AIMOVIG  
AJOVY  
EMGALITY 120mg

### MISC ANTIVIRALS

DESCOVY  
emtricitabine/ tenofovir (TDF)  
200mg/300mg  
PREVYMIS  
SYNAGIS

# 2022 CDH Preventive Medications - Standard Plus

## **OBESITY**

---

ADIPEX-P (phentermine)  
benzphetamine  
diethylpropion  
diethylpropion ER  
IMCIVREE  
LOMAIRA  
phendimetrazine  
QSYMIA  
SAXENDA  
WEGOVY  
XENICAL

## **SMOKING-CESSATION\***

---

CHANTIX  
NICOTROL  
NICODERM CQ (nicotine patches)  
NICORETTE (nicotine gum  
and lozenges)  
ZYBAN (bupropion SR 150mg)

## **VACCINATION\***

---

Anthrax, BCG, Cholera, COVID-19,  
Diphtheria, Haemophilus Influenza  
B, Hepatitis A and B, Human  
Papillomavirus, Influenza, Japanese  
Encephalitis, Measles, Meningococcal,  
Mumps, Pertussis, Pneumococcal,  
Poliovirus, Rabies, Rotavirus, Rubella,  
Shingles, Tetanus, Typhoid, Varicella,  
Yellow Fever, Zoster

## **VITAMINS OR MINERALS**

---

Folic acid\*  
Prenatal vitamins  
Pediatric multivitamins with  
fluoride\*

\*Please note that some of these medications are also subject to the Affordable Care Act (ACA) and may be covered by your plan at 100%.

**Express Scripts manages your prescription benefit for your employer, plan sponsor, or health plan. For specific questions on coverage, please call the phone number on your member ID card or visit our website [express-scripts.com](https://www.express-scripts.com).**

© 2021 Express Scripts. All Rights Reserved. Express Scripts and the "E" Logo are trademarks of Express Scripts Strategic Development, Inc. All other trademarks are the property of their respective owners.